



#DARE  
TO CARE

## ZERO HUNGER



<https://unric.org/en/united-nations-sustainable-development-goals/>

**Goal 2 - Zero Hunger:** *End hunger, achieve food security, improve nutrition, and promote sustainable agriculture*

**Goal 12 - Responsible Consumption and Production:** *Ensure sustainable consumption and production patterns*

### Description:

Hunger is a very complex problem and many factors are linked to its causes, including climate change, consumerism, injustice, conflict and many others. In order to overcome it, it is necessary that the change start with each of us by making small changes to the lifestyles we follow on a daily basis.

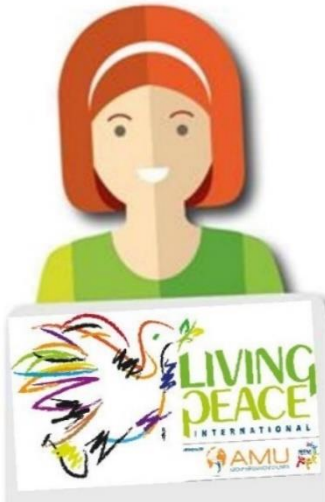
### Goals:

- sensitize civil society to the issue of hunger and promote a healthy lifestyle
- Promote concrete actions that contribute, on a social level, to overcoming hunger

Activity:



Let's use our head  
to study and be well informed



> **I commit myself:**  
personally to update myself by reading and learning about the problem of hunger at local and global levels: I'll ask myself: "**why is poverty increasing?**"

> **Together we commit ourselves:**  
to make a list of all those (people, groups, organizations or authorities) in our town or city who share our same goal: let's see if it is possible to work together.  
**To spread the culture of giving.**



Let's open our hands  
to giving and to welcoming others



> **I commit myself:**  
to avoiding all types of **waste**, starting with the food on my plate.

> **Together we commit ourselves:**  
to help in soup kitchens or places where food is given to the poor, **inviting our friends** to come too.

#zero  
hunger  
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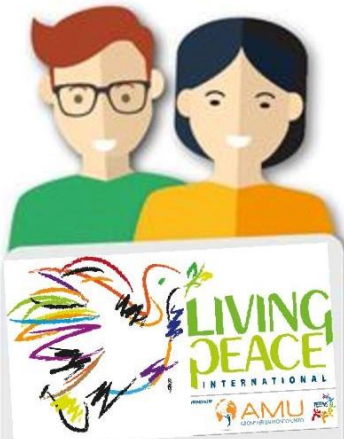
#head.heart.hands

Let our hearts hear

the cry of those who suffer: increase our awareness and make others aware too.

> **I commit myself:**

to explaining about #zerohunger to my friends, classmates, relatives and acquaintances. I will ask them to spread this new lifestyle with us.



> **Together we commit ourselves:**

to avoid the logic of war being the rule between individuals and nations, we ourselves can be **peace builders** from now on: welcoming those who are different or foreign, not envying people, not stealing today, so as to never steal at all.

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#head.heart.hands

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Is there a rule that can sum up our commitment?

Yes, there is! It is **THE GOLDEN RULE** present in all the great religions and shared by all people of good will:



**“TREAT OTHERS AS YOU WOULD HAVE THEM TREAT YOU”**

Mark 7:12



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***These include shots taken from above or behind, where you can see the children involved in the activity, but you cannot take a front view shot.***

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