

**Title**

Golden Rule

**Description**

This little rule would be enough to change the world: “Do unto others as you would have them do unto you and don't do unto others what you don't want done unto you!” It is so important and valuable that it has been named the Golden Rule.

We can live it at school or in your youth groups.

The activity is promoted by [Living Peace International](#)

**Target group**

Children, youth and adults from any school, group, or association.

**Goals**

Learn how the *Golden Rule* has been integrated into all the religions of the world as a consequence of the universal pursuit of peace. Give examples and experiences you see in your and other people's daily life.

**Activity**

Work in groups of 5 or 6 people. Each group chooses 3 sentences out of the list below ([The Golden rule in the world](#)), copy them in a form (see the example below) and add real-life experiences the members of the group have lived.

Afterwards, the group will prepare and represent one of the transcribed episodes in an artistic form (drawings, posters, poems, skits, dances, etc.)

## The Golden Rule in the world

**Baha’i:** “Blessed is who prefers his brother to himself” (*Bahà’u’llàh* tablets – 19th century).

**Buddhism:** “Whatever is disagreeable to yourself, do not do unto others” (The Buddha, *Udana-Varga* 5.18 – 6th century BC).

**Confucianism:** “Do not do to others what you do not want them to do to you” (Confucius, *Analects* 15.23 – 5th century BC).

**Christianity:** “You shall love your neighbour as yourself. On these two commandments depend all the Law and the Prophets.” (*Gospel of Matthew* 22, 36-40 – 1st century CE).

**Judaism:** “What is hateful to you, do not do to your fellow-man. This is the entire Law, all the rest is commentary” (*Talmud, Shabbat* 31d – 16th century BC).

**Gandhi:** “To see the universal and all-pervading Spirit of Truth face to face, one must be able to love the meanest of all creation as oneself” (translated from: *Il mio credo, il mio pensiero*, Newton Compton, Rome 1992, page 70 – 20th century).

**Jainism:** “In happiness and sorrow, in joy and in pain, we should consider every creature as we consider ourselves” (*Mahavira, 24th Tirthankara* – 6th century BC).

**Judaism:** “Never do to anyone else anything that you would not want someone to do to you” (*Tobias* 4, 15 – 3rd century BC).

**Hinduism:** “This is the sum of duty. Do not unto others that which would cause you pain if done to you” (*Mahabharata* 5, 1517 – 15th century BC).

**Islam:** “None of you will believe until you love for your brother what you love for yourself” (Hadith 13, The Forty Hadith of Imam Nawawi – 7th century).

**Native Americans:** “Respect for every form of life is the foundation” (*The Big Law of Peace*– 16th century).

**Plato:** “I can do to others what I’d like them to do to me” (5th century BC).

Yoruba wise saying (West Africa): “If somebody stings a bird with a sharp stick, should be first try it on himself and realise how badly it hurts”.

**Seneca:** “Treat your inferiors as you would be treated by your betters” (*Letter* 47 11 – 1st century).

**Shintoism:** “Be charitable to all beings, love is the representation of God” (approximately 500 CE: Ko-ji-ki Hachiman Kasuga – 8th century BC)

**Sikhism:** “I am a stranger to no one, and no one is a stranger to me. Indeed, I am a friend to all” (*Guru Granth Sahib, religious scripture of Sikhism*, p. 1299 – 15th century).

**Voltaire:** “Put yourself in the other person's shoes” (*Letters on the English*, n.42).

**Zoroastrianism:** “Do not do to others what is harmful for yourself” (*Shayast-na-Shayast* 13, 29 – between 18 and 15 century BC).

## Form (example)

CHOSEN SENTENCES	DAILY-LIFE EXAMPLES
1.	
2.	
3.	

Email us photos and videos of your activity and share them with the Living Peace International network:

[c.palma@livingpeaceinternational.org](mailto:c.palma@livingpeaceinternational.org) \*\*\*

## Deadline

There is no deadline.

**\*\*\* Living Peace acts accordingly to the EU General Data Protection Regulation, which came into force on 25 May, 2018.**

**If you want to share pictures and videos of children and kids, you must send us a consent form signed by their parents or legal guardian(s). You can download the consent form [here](#), and address it to [AMU](#) NGO, which is in charge of data management for the Living Peace International project, sending an email to [privacy@amu-it.eu](mailto:privacy@amu-it.eu).**

**If a consent form cannot be provided, please remember to send us only pictures and videos where people—especially minors—are not recognisable.**

**These include shots taken from above or behind, where you can see the children involved in the activity, but you cannot take a front view shot.**



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