



Title

Sports4Peace

Description

The activity helps live the Golden Rule: “Do unto others as you would have them do unto you” through sports and team play.

Six rules allow the players to make concrete acts of peace in sports without hindering competition and interfering with any rules specific to the game:

- **Play hard.** Do your best and enjoy the game.
- **Be fair.** Be honest with yourself and the other players (fair play).
- **Hold tight.** Never give up even when facing difficult times.
- **Respect the others.** Pay attention to the other players: everybody is important.
- **Celebrate.** Applaud the success of others as your own.
- **Make a difference.** We can achieve great goals together.

The activity is promoted by [Sports4Peace](#) and [Living Peace International](#)

Target group

Children, youth and adults from any school, group, or association.

Goals

- Educate to peace through games and sports.
- Built positive relationships among the players, helping kids and young people be more attentive to the values of sharing, encouraging them to apply these principles in their daily life.
- Develop mutual respect, helping each other, being honest and respecting the rules, and doing your best.
- Improve listening skills and dialog among the players. Be ready to apologize.

Key Points:

1. **Throw the cube together:** briefly share your thoughts on the rule that comes up on the Sport4Peace cube.
2. **Games and sport:** put into practice immediately, in the games and in sport, what the rule proposes.
3. **Time-out:** “The Golden Circles”: every action done in the spirit of Sport4Peace is awarded either with a golden circle or with a point in the ranking of fair play or similar ways; if possible, build together some visible signs of the actions you accomplished (for example, a net of peace that envelops the world)

Activity

Organize your own sports day, playing in teams:

- Participants are divided in groups; one group for each game.
- Each group chooses its own name.
- Every game needs a manager, someone who is in charge.
- Every group plays each game, moving from game to game according to the guide map.
- Game managers keep scores on pre-printed forms and count how many golden rings each player has won.
- Each group has a group leader who helps the others to follow the rules.
- Game managers explain the game to the players and roll the dice; they explain what the rule means and remember the rule during the game.
- After each game, before starting the next one, each group has 3-4 minutes for the Time Out and players can share their experiences on how they lived the rule during the game. Game managers calculate how many points and “golden rings” each team has won.
- A person with a timer keeps track of time during each game and Time Out.
- A scoreboard displays the scores and “golden rings” of each team.

If you are interested in knowing the games developed by Sport4peace, contact Alois Hechenberger: a.hechenberger@teamtime.net; office@teamtime.net

Don't forget to shoot a few pictures of the event. Email them to us so that they can be shared among our network and we all can feel closer to one another! Write at c.palma@livingpeaceinternational.org. ***

Deadline

There is no deadline.

***** Living Peace acts accordingly to the EU General Data Protection Regulation, which came into force on 25 May, 2018.**

If you want to share pictures and videos of children and kids, you must send us a consent form signed by their parents or legal guardian(s). You can [download](#) the consent form here, and address it to [AMU](#) NGO, which is in charge of data management for the Living Peace International project, sending an email to privacy@amu-it.eu.

If a consent form cannot be provided, please remember to send us only pictures and videos where people—especially minors—are not recognisable.

These include shots taken from above or behind, where you can see the children involved in the activity, but you cannot take a front view shot.



Our Sponsors

